



Qualities and pitfalls

On this page, you will find an overview of all the qualities on the coaching cards. Inspiring qualities for which it is sometimes difficult to find a corresponding pitfall. Furthermore, people can have different interpretations of the exact meaning of a word. However, an overview of pitfalls for every quality is included. For the users of this game, it can be a good starting point to check if a pitfall is applicable to you or if another word is more meaningful. If you have found any additional words, I would love to hear from you.

If you want to include the pitfalls in your game, then I suggest the following working method: ask the participants themselves what they consider to be their pitfalls. You can use the included list or other references, if it is difficult to think of the exact word yourself.

This game can certainly be used to work out an entire core quadrant. Though it is not originally designed for that purpose. On my website there is a form and an explanation of how to draw your own core quadrant. For additional information, I recommend Ofman's books and game.

I hope this game provides you with many new insights!

Hellen Overduin

Qualities

Pitfalls

- Leader
- Confident
- Motivational
- Empathetic
- Sensitive
- Gives constructive criticism

- Modest
- Stress-resistant
- Caring
- Puts into perspective
- Thinks out-of-the-box
- Honest

- Humorous
- Open-hearted
- Enthusiastic
- Patient
- Determined
- Disciplined

- Adventurous
- Organized
- Interested
- Clear
- Reliable
- Helicopter view

- Enterprising
- Thorough
- Perseverance
- Goal-oriented
- Analytical
- Calm

- Domineering
- Arrogant
- Exaggerated
- Sentimental
- Over-sensitive
- Know-it-all

- Shy
- Nonchalant
- Patronising
- Indifferent
- Naive
- Rude

- Frivolous
- Indiscreet
- Over-enthusiastic
- Passive
- Stubborn
- Inflexible

- Reckless
- Interfering
- Obstinate
- Self-righteous
- No eye for detail
- Ad hoc

- Restless
- Pedantic
- Pushy
- Impetuous
- Ambiguous
- Lazy

- Inspiring
- Ambitious
- Playful
- Quick
- Practical
- Direct

- Takes initiative
- Flexible
- Helpful
- Responsible
- Consistent
- Respectful

- Convincing
- Eye for detail
- Focused
- Independent
- Spontaneous
- Active listener

- Creative
- Lively
- Balanced
- Tactful
- Mediator
- Assertive

- Solution-oriented
- Curious
- Optimistic
- Structured
- Communicative or alert

- Tiresome
- Selfish
- Childish
- Superficial
- Blunt
- Erratic

- Submissive
- Insistent
- Roundabout
- Cuts corners
- Closed
- Flippant

- Chaotic
- Unclear
- Aggressive
- Interfering
- Unrealistic
- Perfectionistic